

# WELLNESS SERVICES

Vitamin injections help fill gaps in nutritional deficiencies as well as help support bodily functions and overall wellness. Hormone optimization manages symptoms of aging. Vitamin injections and bio-identical hormone replacement help you look and feel good, as well as remain healthy. Often our poor diets, hectic lifestyles, multitude of stressors and the aging process can lead to feeling run down, fatigued, anxious, gaining weight and generally blah. Optimizing vitamin & mineral deficiencies while also addressing hormone levels helps the body run more efficiently and prevent chronic disease development.

#### Vitamin B12

B12 is a vitamin our body loves! It can help with energy, combat depression feelings, improve sleep, boost your immune system, and may enhance metabolism by helping your body utilize the fat and carbohydrates you take in. Vitamin B12 is important for cell and nerve function.

\$25 | SINGLE INJECTION \$120 | SERIES OF 6

### MIC B12 Booster

MIC stands for 3 amino acids of Methionine, Inositol, Choline, and B12- a fatigue combating vitamin, are combined in this injection. They can support the breakdown of fat, liver detoxification, maintain lean muscle mass, can help with energy. The MIC B12 Booster may improve mood, converting fat to energy, help with mental clarity, and assist in optimal insulin, cholesterol, and serotonin levels.

\$40 | SINGLE INJECTION \$180 | SERIES OF 6

## NAD+ Anti-Aging Shot

As we age, the levels of NAD+ in our bodies naturally decreases, leading to various age-related health issues. Our NAD+ injections here at Bloom are designed to replenish your body's NAD+ levels, offering numerous potential benefits such as: boosted energy levels & improved vitality, maintenance of optimal brain health leading to improved mental clarity, focus, & cognitive function, as well as helping to repair damaged cells and combating oxidative stress. NAD+ injections have demonstrated the ability to slow down the aging process and promote healthier, younger- looking skin.

\$40 | SINGLE INJECTION \$180 | SERIES OF 6

### Additional Wellness Services

Bio Identical Hormone Therapy (BHRT) Program

GLP-1 Cash Based Weight Loss Program

### Prescription Insurance Concierge Program for Weight Loss

House of Bloom Medical Aesthetics wants to help you not only look your best, but feel your best too. With our customized hormone therapy plans and medication assisted weight loss programs, we strive to provide exceptional care as unique as you are. Learn more via our website and then select BHRT Consultation or Weight Loss Consultation to meet with our board certified nurse practitioner who will review your medical history, symptoms, and formulate a plan with your shared decision making.